

¹ SITE/ORGANIZATION	CATCHMENT AREA	REFERRAL PROCESS	ELIGIBILITY/PROGRAMS OFFERED
<p>Altona Health Centre Box 660, 240-5th Avenue NE Altona MB R0G 0B0</p> <p>Phone: 204/324-6411 ext. 250 Fax: 204/324-1299</p>	Altona	All primary care provider referrals and self-referrals are accepted	<ul style="list-style-type: none"> • Clinical RD Outpatient Services
<p>Carman Memorial Hospital Box 610 – 350 4 Street SW Carman MB R0G 0J0</p> <p>Phone: 204/768-3404</p>	Carman	All primary care provider referrals and self-referrals are accepted	<ul style="list-style-type: none"> • Diabetes education with individual and group counselling • Clinical RD outpatient services
<p>Rock Lake Health District Hospital 135 Machray Avenue Crystal City MB R0K 0N0</p> <p>Phone: 204/873-2132</p>	Crystal City	All primary care provider referrals and self-referrals are accepted	<ul style="list-style-type: none"> • Clinical RD outpatient services
<p>Emerson Health Centre Box 428, 26 Main Street Emerson MB R0A 0L0</p> <p>Phone: (204) 324-2285 Fax: (204) 373-2748</p>	Emerson	All primary care provider referrals and self-referrals are accepted	<ul style="list-style-type: none"> • Clinical RD outpatient services
<p>McGregor Health Centre 87 Grafton Street MacGregor MB R0H 0R0</p> <p>Phone: 204/685-2850 ext. 2230 Fax: 204/685-2529</p>	MacGregor	All primary care provider referrals and self-referrals are accepted	<ul style="list-style-type: none"> • Clinical RD outpatient services
<p>Seven Regions Health Centre Box 1000 24 Mill Street Gladstone MB R0J 0T0 Phone: 204/385-6126 Fax: 204/685-2529</p>	Gladstone	All primary care provider referrals and self-referrals are accepted	<ul style="list-style-type: none"> • Clinical RD outpatient services

¹ Referral forms for diabetes education on the CDM website > Members Only > RD Resources > Forms

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<p>Pembina Manitou Health Centre 232 Carrie Street Manitou MB R0G 1G0</p> <p>Phone: 204/242-2744</p>	<p>Manitou</p>	<p>All primary care provider referrals and self-referrals are accepted</p>	<ul style="list-style-type: none"> • Clinical RD outpatient services
<p>Sandy Bay Health Centre Box 108 Marius MB R0H 0T0</p>	<p>Marius</p>	<p>All primary care provider referrals and self referrals are accepted</p>	<ul style="list-style-type: none"> • Clinical RD outpatient services
<p>Agassiz Medical Centre 130-30 Stephen Street Morden MB R6M 2G3</p> <p>Phone: 204/822-4474 ext. 262 Fax: 204/822-6886</p>	<p>Morden</p>	<p>Physician referral or self referral</p> <p>Cost covered through PIN initiative – MB health</p>	<ul style="list-style-type: none"> • Must have family doctor at Agassiz Medical Centre
<p>Morris General Hospital Box 519 Morris MB R0G 1K0</p> <p>Phone: 204/746-7347 Fax: 204/746-2197</p>	<p>Morris</p>	<p>All primary care provider referrals and self-referrals are accepted</p>	<ul style="list-style-type: none"> • Both individual and group education sessions
<p>Primary Health Care Centre Box 538 111 2nd Avenue South Niverville, MB R0A 1E0</p> <p>Phone: 204/388 2030 Fax:</p>	<p>Niverville</p>		
<p>Centre Albert-Galliot 44 Rogers Street Notre Dame de Lourdes MB R0G 1M0</p> <p>Phone: 204/ 248-2092 ext. 260 Fax: 204/248-2299</p>	<p>Notre Dame de Lourdes</p>	<p>All primary care provider referrals and self-referrals</p>	<ul style="list-style-type: none"> • Both individual and group education sessions • =

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<p>Provincial Building 25 Tupper Street North Portage LaPrairie MB</p> <p>Phone: 204/239-2420 Fax: 204/239-2444</p>	<p>Portage La Prairie</p>	<p>All primary care provider referrals are self-referrals</p>	<ul style="list-style-type: none"> • Weekly Healthy Living Classes with outpatient RD held weekly at PCU Centre (Recreation Centre in Portage LaPrairie) • Both individual and group education sessions. • Diabetes groups held every two weeks alternating between the Diabetes dietitian and diabetes nurse educator
<p>Ginew Wellness Centre Roseau River Anishinabe First Nation</p> <p>Phone: 204/427-3284 Fax: 204/427-2484</p>	<p>Roseau River</p>	<p>All primary care provider referrals and self-referrals are accepted</p>	<ul style="list-style-type: none"> • Group and individual counselling with RD • Group diabetes education sessions on a variety of topics, i.e. foot care, CHO awareness, meds and diabetes, sleep and diabetes
<p>St. Claude Health Centre 33 Roy Street St. Claude MB R0G 1Z0</p> <p>Phone: 204/379-2585 Fax: 204/248-2499</p>	<p>St. Claude</p>	<p>All primary care provider referrals and self referrals</p>	<ul style="list-style-type: none"> • Outpatient RD services available, individual or group sessions available • Heart Health Classes
<p>East Borderland Primary Health Care Centre P.O. Box 11 Sprague, MB R0A 1Z0</p> <p>Phone: 204/ 425 5119 Fax:</p>	<p>Sprague</p>		
<p>Community Health Services Unit 8 178 PTH 12N Steinbach, MB R5G 1T7</p> <p>Phone: 204/ 326 7569 Fax: 204/ 326 7665</p>	<p>Steinbach</p>	<p>All primary care provider referrals and self referrals Those who have a doctor at Steinbach Family Medical will see the My Health Team providers</p>	<ul style="list-style-type: none"> • Individual and group education sessions with RD and Diabetes Nurse Educator

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<p>Lorne Memorial Hospital Box 40 Swan Lake MB R0G 2S0</p> <p>Phone: 204/836-2132 Fax: 204/836-2044</p>	<p>Swan River</p>	<p>All primary care provider referrals and self-referrals are accepted</p>	<ul style="list-style-type: none"> Individual and group education sessions with RD, Diabetes Nurse Educator and diabetes dietitian available
<p>Boundary Trails Health Centre Box 2000 Station Main Winkler MB R6W 1H8</p> <p>Phone: 204/331-8964 Fax: 204/331-8801</p>	<p>Winkler</p>	<p>All primary care provider referrals and self referrals are accepted</p>	<ul style="list-style-type: none"> Clinical RD will see outpatients that are not clients of Aggasiz or CW Wiebe Medical Centres Diabetes Nurse Educator and Diabetes Dietitian offer individual appointments
<p>Dr. C. W. Wiebe Medical Centre 385 Main Street Winkler MB R6W 1J2</p> <p>Phone: 204/331-2337 Fax: 204/325-4594</p>	<p>Winkler</p>	<p>Require physician referral Clients can re-refer themselves once they have seen an RD at the clinic Cost covered through PIN initiative – MB health</p>	<ul style="list-style-type: none"> Generally only sees clients with a family doctor working out of CW Wiebe Medical Centre
<p>Get Better Together</p> <p>For more info and to register contact:</p> <p>204 870 0629 or 1 800 742 6509 Email: gbt@southernhealth.ca</p>	<p>Southern Health - Sante Sud Region</p>		
<p>Teen Clinic</p> <p>Portage Collegiate Campus PCS Building 65 3 St SW Portage la Prairie, MB</p> <p>Phone: 204 857 6843 ext 11609 Cell: 204 870 0689</p>	<p>North Area Southern Health</p>	<p>Accept referrals from Nurse Practitioner, AFM Counsellor, Guidance Counsellor, Child and Adolescent Mental Health Worker. Clients can also self refer.</p>	<p>Individual or group counselling on various nutrition topics. Examples include: Food and Mood, Body Image/Self Esteem, Vegetarian Eating, Sports Nutrition, Nutrient Deficiencies and Healthy Eating.</p>