

COMMUNITY SERVICES LISTING – NORTHERN RD

SITE/ORGANIZATION	CATCHMENT AREA	REFERRAL PROCESS	ELIGIBILITY/PROGRAMS OFFERED
<p><b>Flin Flon General Hospital - NHR</b>                      Box 340                      Flin Flon MB R8N 1N2                       Phone: 204-687-9316</p>	<p>Flin Flon</p>	<p>Self-referrals, physician referrals and referrals from other health care professionals</p>	<ul style="list-style-type: none"> <li>• Dysphagia and Renal Outpatients</li> </ul>
<p><b>Primary Health Care Centre - NHR</b>                      1 North Avenue                      Flin Flon MB R8A 1V9                       Phone: 204-687-1336</p>	<p>Flin Flon                      Cranberry Portage (once/month)                      Snow Lake (once/month, Telehealth available)                      Sherridon (clients travel to Flin Flon to see RD)</p>	<p>Referrals not required. Clients can contact RD directly.</p>	<ul style="list-style-type: none"> <li>• Community programs - i.e., cooking classes, presentations, grocery store tours, etc.</li> <li>• Outpatients (various conditions)</li> </ul>
<p><b>Best Beginnings Baby and Me</b>                      Phone: 204-623-1023                      Phone: 204-687-6183                      Phone: 204-472-3671</p>	<p>Flin Flon                      The Pas                      Cranberry Portage</p>	<p>Self-referrals</p>	<ul style="list-style-type: none"> <li>• Clients may be seen in groups or as individuals</li> </ul>
<p><b>Regional Diabetes Program - NHR</b>                       Phone: 204-687-1340/ 1350</p>	<p>Flin Flon</p>	<p>Self referrals, physician referrals, and referrals from other health professionals</p>	<ul style="list-style-type: none"> <li>• Individuals with: Type 1 and Type 2 Diabetes, Gestational Diabetes, or Prediabetes</li> <li>• Youth/adolescents with diabetes seen by DER-CA in Winnipeg, will provide follow-up as needed</li> </ul>
<p><b>Garden Hill Nursing Station</b>                       Fax 204-456-9797</p>	<p>Garden Hill                      Island Lake First Nation                       Site visit: 3 days every other week.</p>	<p>Referral from Nursing Station</p>	<ul style="list-style-type: none"> <li>• Outpatient services</li> <li>• Community presentations upon request.</li> </ul>
<p><b>Gillam Hospital - NHR</b>                      115 Gillam Drive                      Gillam MB R0B 0L0                       Phone: 204-652-2600                      Fax: 204-652-2268</p>	<p>Gillam                       Site visit quarterly</p>	<p>Self-referrals, physician referrals and referrals from other health professionals</p>	<ul style="list-style-type: none"> <li>• Outpatient services, including one-on-one (or family) counselling, home visits as requested, and group classes as requested</li> </ul>

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<p><b>Leaf Rapids Health Centre - NHR</b> Box 270 Leaf Rapids MB R0B 1W0</p> <p>Clinical RD Phone: 204-677-5322 Diabetes Educator: 204-677-5356</p>	<p>Leaf Rapids</p> <p>Site visits:</p> <p>Clinical dietitian 3 times/yr Diabetes Educator Dietitian 3 times/year Clients may also be seen by Telehealth anytime</p>	<p>Self referrals, physician referrals and referral from other health professionals</p>	<ul style="list-style-type: none"> <li>• Outpatient services, primarily one-on-one counselling</li> </ul>
<p><b>Lynn Lake Hospital - NHR</b> Box 2030, 2040 Camp Street Lynn Lake MB R0B 0W0</p> <p>Clinical RD Phone: 204 677-5322 Diabetes Educator: 204 677 5356</p>	<p>Lynn Lake</p> <p>Site visits:</p> <p>Clinical dietitian 3 times/year Diabetes Educator Dietitian 3 times/year Clients may also be seen by telehealth anytime</p>	<p>Self-referrals, physician referrals and referrals from other health professionals</p>	<ul style="list-style-type: none"> <li>• Outpatient services, primarily one-on-one counselling</li> </ul>
<p><b>Primary Health Care Centre - NHR</b> Box 240, 111 Cooke Avenue The Pas MB</p> <p>Phone: 204-623-9681</p>	<p>The Pas Opaskwayak Cree Nation</p> <p>Will travel to Moose Lake, Cormorant, Easterville and Grand Rapids upon request.</p>	<p>Self-referrals, physician referrals and referrals from other health professionals</p>	<ul style="list-style-type: none"> <li>• Individual nutrition counselling, and community presentations</li> </ul>
<p><b>Regional Diabetes Program - NHR</b></p> <p>Phone: 204-623-9650</p>	<p>The Pas</p>	<p>Self-referrals, physician referrals and referrals from other health professionals</p>	<ul style="list-style-type: none"> <li>• Individuals with: Type 1 and Type 2 Diabetes, Gestational Diabetes, or Prediabetes</li> <li>• Youth/adolescents with diabetes seen by DER-CA in Winnipeg, will provide follow-up as needed.</li> </ul>
<p><b>The Pas Health Complex - NHR</b> 67 1<sup>st</sup> Street West The Pas MB R9A 1K4</p> <p>Phone: 204-623-9217</p>	<p>The Pas</p>	<p>Self-referrals, physician referrals and referrals from other health care professionals</p>	<ul style="list-style-type: none"> <li>• Dysphagia and Renal Outpatients</li> </ul>

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<p><b>Program and Services Building - NHR</b>                      867 Thompson Drive South                      Thompson MB R8N 1Z4                       Public Health RD: 204-677-5371</p>	<p>Thompson</p>	<p>No referral required.</p>	<ul style="list-style-type: none"> <li>Community &amp; School Presentations</li> </ul>
<p><b>Regional Diabetes Program - NHR</b>                       Phone: 204-677-5333</p>	<p>Thompson</p> <p>Will travel to Kinoosao, York Landing, Brochet, Tadoule Lake, Shamattawa, Oxford House, Cross Lake and God's Lake Narrows upon request.</p> <p>Travel to Thicket Portage, Pikwitonei, Ilford 4 times/year.</p> <p>The following communities are serviced by Telehealth from Thompson:                      Cross Lake, Norway House, Brochet, Lac Brochet, Shamattawa, South Indian Lake, Gillam, Lynn Lake/ Leaf Rapids, York Landing, Tadoule Lake</p>	<p>Self-referrals, physician referrals and referrals from other health professionals.</p>	<ul style="list-style-type: none"> <li>Individuals with: Type 1 and Type 2 Diabetes, Gestational Diabetes, or Prediabetes</li> <li>Youth/adolescents with diabetes seen by DER-CA in Winnipeg, will provide follow-up as needed.</li> </ul>
<p><b>The Thompson Clinic - NHR</b>                      50 Selkirk Avenue                      Thompson MB R8N 0M7                       Phone: 204-667-1780</p>	<p>Thompson</p>	<p>Self, physician or community referral</p>	<ul style="list-style-type: none"> <li>One on one counselling, group presentations upon request</li> <li>Community presentations</li> <li>Craving Change</li> </ul>
<p><b>Thompson General Hospital - NHR</b>                      871 Thompson Drive South                      Thompson MB R8N 0C8                       Phone: 204-778-1459</p>	<p>Thompson</p>	<p>Self-referrals, physician referrals and referrals from other health professionals</p>	<ul style="list-style-type: none"> <li>Ambulatory services (chemotherapy and hemodialysis)</li> </ul>

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Phone: 204-677-5322 Fax: 204-778-1482			
<p><b>Northern Consultation Centre - NHR</b>                      871 Thompson Drive South                      Thompson MB R8N 0C8</p> <p>Phone: 204-677-5322                      Fax: 204-778-1482</p>	<p>Thompson                      Ilford                      Pikwitonei                      Thicket Portage</p> <p>Outpatient counselling provided by Telehealth to the following communities:                      Brochet, Cross Lake, God's Lake Narrows, God's River, Lac Brochet, Nelson House, Norway House, Oxford House, Shamattawa, South Indian Lake, Split Lake, Tadoule Lake, Wabowden, York Landing.</p>	<p>Self-referrals, physician referrals and referrals from other health professionals</p>	<ul style="list-style-type: none"> <li>• Outpatients (in-person or Telehealth) from communities outside Thompson.</li> <li>• One-on-one (or family) counselling is provided.</li> </ul>