

Table of Contents

• Reminders of News and Events for Members	1
- AGM RSVP	
- Change in CC submission deadline—January 31	2
• Update to CC Points Allocation Guidelines	2
• Registration Requirements for Virtual Practice in Ontario	3
• Notice from the Manitoba Health, Seniors and Active Living re: Vaccine Hesitancy	4 & 5
• Online Public Registry for CDM	5
• Reminder for Dietitians in Private Practice	5



News and Events for Members

AGM RSVP

The AGM is on Wednesday October 23 starting at 6:00pm at the Best Western Plus. Please RSVP by Friday October 18.

For our registrants who live outside of Winnipeg and cannot make it into the city to attend the AGM, the College would like to offer the ability to join by Zoom. This is our first time doing this, so please bear with us. There is a limited number of lines, so please register by October 18 at 12:00noon by sending Sandra Bains your name and preferred email address.

The AGM package and previous minutes of meeting can be found by logging in at:

<https://www.collegeofdietitiansmb.ca/members/>

Highlights of the CDM's Annual Report for 2018-2019 will be presented at the AGM. The report can be found at:

<https://www.collegeofdietitiansmb.ca/about-us/annual-reports/>



Change in CC Submission Deadline

The deadline for the CC program will change to **January 31, beginning in 2020**. *Members are encouraged to record their professional development activities on an ongoing basis. Once you are ready to send your completed CC submission to the College, please remember to press 'SUBMIT' found at the bottom of the page.*

Only the CC deadline date has been changed. The deadline to provide the other requirements for registration remain the same. (update profile, complete legal declarations and payment of fees)

CDM is required by legislation to set, monitor and enforce the CC Program. This change will provide sufficient time for the College to ensure that the CC requirements have been met **before** issuing confirmation of full registration to dietitians and employers.

Further information about this change, can be found by logging in at: <https://www.collegeofdietitiansmb.ca/members/>

Update to CC Points Allocation Guidelines

The College has updated the CC Points Allocation Guidelines to include the category of **Practice-Related, Professional, Self-Care Activities**.

The Integrated Competencies for Dietetic Education and Practice (ICDEP) are used to determine if activities relate to the practice of dietetics. The ICDEPs do not include a statement related to professional, self-care; however, these competencies are currently being revised. Entry level competencies for several other health professionals do not include a competency related to professional, self-care. Health care professionals are encouraged to engage in self-care activities in order to improve outcomes related to patient safety.¹

Examples of activities that would be included in this category are:

- ✓ Interpersonal conflict resolution
- ✓ Preventing burnout
- ✓ Time management

Activities must be geared to professionals. There is a limit of two (2) points per year for this category. For a current copy of the Points Allocation Guideline Sheet, please visit: <https://www.collegeofdietitiansmb.ca/members/continuing-competence-program/> .

¹ Moss, M, Good, S, Gozal, D, Kleinpell R, Sessler C. An Official Critical Care Societies Collaborative Statement: Burnout Syndrome in Critical Care Health Care Professionals: A Call for Action. *Am J Crit Care* July 2016 vol. 25 no. 4 368-376

Registration Requirements for Virtual Practice in Ontario

The College of Dietitians of Ontario (CDO) is now requiring registration with CDO for any dietitians that are providing care to Ontario residents via telephone or virtual platform. Further information can be found on the CDO Website at <https://www.collegeofdietitians.org/registration-policies/inter-jurisdictional-registration-requirement.aspx>.

CDO has confirmed that this requirement is waived for dietitians that are providing minor follow-up to clients that have received in-person care in Manitoba.

Inquiries related to virtual practice remain one of the most frequent practice-related inquiries received by the College.

Virtual practice is defined as the provision of dietetic services (e.g., counselling, consultation, monitoring, teaching, etc.) which involves any type of intervention with a client who is remotely located from the dietitian providing the service. It can include telephone, videoconferencing, email apps, web-based communication and wearable technology. Virtual practice occurs within Manitoba, i.e., telehealth as well as across provincial and international borders.

Here are some frequently asked questions (and answers) on this topic:

- Q. I am an RD located in Manitoba. What do I need to do if I wish to provide care to residents of other provinces?
- A. *You must contact the regulatory body in the province in which your client (s) reside to determine if registration is required.*
- Q. What if I want to provide follow-up care for clients that I see in-person in Manitoba from neighbouring provinces via phone /email between visits?
- A. *CDM has verified with the College of Dietitians of Ontario and Saskatchewan Dietitians Association that registration is not required for dietitians that are providing minor follow-up care to clients that have received in-person care in Manitoba.*
- Q. I am aware of an RD colleague who resides in another province and provides care virtually to a resident of Manitoba. Do they need to be registered by CDM?
- A. *At this time, CDM requires that RDs practising virtually to clients in Manitoba must provide verification of registration in good standing in their home province.*
- Q. Why do requirements vary from province to province?
- A. *Health is governed provincially. It is the responsibility of each province and professional group to review their legislation and determine the registration requirements for virtual practice. Additionally, virtual practice in some provinces may involve the performance of a restricted/controlled activities. Authorization to perform these activities is managed provincially. Nunavut does not have a dietetic regulatory body. In order to provide care in Nunavut, dietitians must be registered in good standing with any regulatory body across Canada.*

IF IN DOUBT, CALL THE COLLEGE. The College strives to support RDs in all areas of dietetic practice. If you have any questions or concerns about practice issues, please feel free to contact Heidi Wong RD (Professional Practice Coordinator) at the College 694-0532 or via email profpractice@collegeofdietitiansmb.ca Knowing your questions and concerns will assist the College in preparing future education materials, such as those found in this newsletter.

Notice from: Manitoba Health, Seniors and Active Living

Re: Vaccine Hesitancy

Manitoba Health, Seniors and Active Living wrote to all health regulatory colleges on behalf of the Federal/Provincial/Territorial Committee on Health Workforce regarding vaccine hesitancy and the recent resurgence of measles cases in Canada. Emphasis has been added, where the information is relevant to RDs.

Vaccine hesitancy is described as a delay in acceptance or refusal to vaccinate, despite the availability of vaccination services. According to the World Health Organization (WHO) vaccine hesitancy is now one of the top 10 threats to global health, despite robust evidence showing the effectiveness and safety of vaccines. The WHO also acknowledges that health care professionals are among the most trusted sources of information when parents make decisions regarding vaccination.

Dr. Theresa Tam, Chief Public Health Officer of Canada, issued a [statement](#) on March 12, 2019 regarding the current measles outbreak and vaccine hesitancy. In this statement, she urged her fellow healthcare provider colleagues to take the time to answer the questions of concerned parents and direct them to credible and reliable sources of information.

As funders of health workforce professionals practicing in Canada, and as those ultimately responsible for oversight on licencing and practice through your regulatory colleges, provincial jurisdictions would like to take this opportunity to remind you that when it is within their scope of practice, licensed health care professionals can play a critical role in promoting vaccine acceptance in Canada. They can do this by communicating sound, evidence-based advice in their daily practice.

Given reports of health professionals promoting disproven vaccine “alternatives”, we want to remind you of your responsibility as regulatory colleges to ensure, through monitoring and evaluation and follow up on complaints, that the members of your college provide scientifically valid information on vaccines and do not promote anti-vaccination messages or “alternative therapies” when it is within their scope of practice to comment on vaccines. **Professions where commenting on vaccines is not within their scope of practice must not provide any vaccine information, opinions or advice.**

While social media influencers have made a significant negative impact on the perception of vaccination in recent years, a parent’s trust in their health care provider remains one of the most important predictors of vaccine acceptance. Therefore, health care professionals should be closely monitored through their colleges and encouraged to take advantage of their trusted role. This includes the provision of science-based advice and options when discussing vaccination with parents, when it is in their scope of practice to do so.

To ensure that health workforce professionals, for whom vaccination is within their scope of practice, have access to the best and most up-to-date science-based resources on vaccination in Canada, colleges are encouraged to share the following national resources and links to provincial/territorial ministries of health:

[Government of Canada, Vaccines and Immunization](#)

[Immunize Canada](#)

[Canadian Paediatric Society](#)

[Provincial and territorial ministries of health](#)

[Canadian Vaccination Evidence Resource and Exchange Centre \(CANVax\)](#)

Vaccine Hesitancy continued on page 5

Vaccine Hesitancy continued...

Health workforce professionals in Canada must consistently deliver sound care based on the best evidence. They must also play a leadership role in helping combat misinformation and decrease the rate of vaccine-preventable diseases like measles, pertussis and influenza, to name a few. Therefore, in closing, we remind you of your college's responsibility to prevent anti-vaccination messaging from being promoted by your members and ensuring Canada's professional health workforce is appropriately informing parental decision-making on vaccination.

INFORMATION FOR RDS

Providing information on vaccines is **not** within the scope of practice for registered dietitians. Should parents/clients request information on vaccination, registered dietitians are expected to refer to health care professionals that do have provisions of this information within their professional scope of practice.



Online Public Registry for CDM

The College is developing an online public registry so that members of the public, insurance companies and employers can verify that a member is registered in good standing with the College of Dietitians of Manitoba.

Under the *Registered Dietitians Act*, the College is required to provide name, business address and business telephone number, any conditions and the results from any disciplinary proceedings. Currently, requests for verification are done via contacting our office.

Registrants should advise the College if they are under protection orders where release of their information would be potentially detrimental.

Reminder for Dietitians in Private Practice

Please encourage your clients to confirm the details of their coverage prior to providing service. Individual insurance companies set the parameters for coverage. This may result in exclusions based on type of service, or type of plan.