

Practical Experience Summary

Instructions

All internationally educated dietitians are required to provide a summary of their practical experience. This summary of your practical skills will assist the College in determining whether you meet the practice requirements for registration.

Please provide complete examples, so that the College can assess your practice skills. You may attach any supporting documentation, such as samples, projects or reports.

Your summary can include internship/practicum and/or work and volunteer experience.

A sample of the format and a few examples has been provided in this package to assist you in completing your summary.

This summary must be:

- Typed out
- Point form
- Signed and dated

Practical Experience Summary

Please describe and provide examples of activities you have completed in each of the four practice areas (which are: clinical, community, foodservice management and other) that demonstrates the skills you have developed in:

- Assessment
- Planning
- Implementation
- Evaluation
- Communication
- Professional Practice

To determine the meaning of the above terms, please refer to the definitions page of this package.

In your summary, when describing or providing examples of activities, please indicate whether:

1. You observed the activity, the activity was done with supervision or you performed the activity on your own. (independently)
2. The activity was part of your internship/practicum OR through your work experience.

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DEFINITIONS – page 1 of 2

The following definitions have been provided to help you in completing the Practical Experience Summary:

- **Assessment:**
 - The ability to identify all relevant data and factors that relate to a problem. Competence with assessment includes the ability to:
 - Use effective data collection techniques or tools
 - Translate raw data into interpretable data
 - Formulate a conclusion based on the interpretation and integration of the data.
- **Planning:**
 - The ability to establish goals, measure objectives and formulate and develop a course of action.
- **Implementation:**
 - The ability to put the plan in place, monitor achievement of the plans objectives and modify or change the plan as necessary.
- **Evaluation:**
 - The process of determining the achievement of goals and objectives and the need for further evaluation.
- **Communication:**
 - The application of theories of communication and counselling. This includes verbal, written and listening skills.
- **Professional Practice**
 - The application of dietetics-based knowledge, ethics and the principles of personal development to all professional activities. Behaviours in this area of competence enhance both the profession of dietetics and the role of the individual dietitian.
- **Clinical Nutrition**
 - Focuses on knowledge of the role of nutrition in human disease states. It is also the development of therapeutic nutrition care plans in institutional settings such as hospitals, long term care facilities and outpatient clinics.

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DEFINITIONS – CONTINUED

- **Community Nutrition**
 - Involves delivery of nutrition services and nutrition education programs to the community. Care for individuals and group focuses on health promotion, disease prevention, and disease entities commonly seen in community settings, e.g., heart disease, diabetes and obesity.

- **Foodservice Management**
 - Focuses on management of food service systems and/or clinical nutrition services in institutional settings, such as hospitals, long term care facilities, and outpatient clinics. It is also the management of large foodservice operations in the hospitality industry, schools, day care services, special care facilities and other settings.

Practical Experience Summary

This is just an example of how to complete your practical experience summary.

PRACTICE AREA: Clinical Nutrition

- a. Assessment: I gathered relevant data from medical chart, patient and/or family and physical observation.
- b. Planning
- c. Implementation: I developed an individualized holiday nutrition care plans for patients at the Eating Disorder Clinic based on the meal exchange system and calories required.
- d. Evaluation
- e. Communication
- f. Professional Practice

just an
Example

PRACTICE AREA: Community

- a. Assessment: I gathered relevant data from medical chart, patient and/or family and physical observation
- b. Planning:
- c. Implementation:
- d. Evaluation:
- e. Communication: I facilitated discussions and provided creative options for consideration during my team meetings.
- f. Professional Practice: I demonstrated an organized approach to problem solving; able to prioritize and balance workload

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Example

PRACTICE AREA: Foodservice Management

- a. Assessment
- b. Planning: I completed an extensive menu planning assignment that included recipes, production sheets, audit forms, prep and pull sheets and therapeutic diet adaptations
- c. Implementation:
- d. Evaluation:
- e. Communication:
- f. Professional Practice:

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Example

Practical Experience Summary

PRACTICE AREA: Other (Private Practice, Business, Industry, Research and Teaching)

- a. Assessment:
- b. Planning:
- c. Assessment:
- d. Evaluation:
- e. Communication:
- f. Professional Practice:

Name: _____ Date: _____